

GEORGIA SKIN & CANCER CLINIC

DISCHARGE INSTRUCTIONS

You have been treated with a chemical that makes you sunburn. The therapy treats precancers and early skin cancers but will make you sun sensitive. **YOU CANNOT GET ANY SUN FOR TWO DAYS.** If you get in the sun, you will have a severe sunburn, that can result in a very painful reaction and may lead to possible scarring and discoloration .

- Expect the skin to stay red for 2-3 days.
- Avoid all sun for 2 days (**absolutely no sun**)
- Expect peeling to continue for 7 days.
- Apply moisturizer every 2 hours for 4 days (except when sleeping). Utilize products (cleanser/moisturizer/sunscreen) included in your care packet received from Georgia Skin and Cancer Clinic)
- Apply sunscreen 55 SPF with Titanium Dioxide frequently throughout the day for five days after treatment.
- Please be aware that your skin will be more susceptible to “burning” with sun exposure for a full five days after treatment.
- Cool compresses such as wet face cloths are soothing but avoid ice packs.
- Motrin, Advil or Tylenol may be used for pain control.
- We will call you and check on you.
- Keep follow-up appointment _____.
- Contact phone numbers:

Clinic 1-800-599-0067 Dr. Smith Cell 912-661-2434 Dr. Smith Home: 692-1428