

Psoriasis Herbal Treatment

**Natures Pantry
Lisa- Store Manager
912-925-8952**

Herbal	Dosage	Directions	Cost
Vitamin E	200 IU	Take two tablets every day	\$11.95
Selenium	100 mcg	Take two tablets every day	\$10.70
Zinc (chelated)	50 mg	Take one tablet every day	\$11.95
B-150 (B complex)		Take one tablet every day	\$23.99
Royal Jelly	500 mg	Take two tablets every day	\$21.99
Super B-Complex		Take two tablets every day	\$23.95
Shark Cartilage	500 mg	Take two tablets every day	\$10.99
Cod Liver Oil		Take two tablets every day	\$19.95
One Daily multivitamin	Maximum	Take one tablet every day	\$24.95
Fish Oil Concentrate	180 mg EPA 120 mg DHA	Take two tablets every day	\$7.99 \$15.00
Vitamin C	1000 mg with rose	Take two tablets every day	\$19.99
Calcium 600 with Vitamin D		Take two tablets every day	\$12.95
			Total \$ 185.85 plus tax

Total of 21 pills on a daily basis