

EFUDEX/CARAC 5-FLUOROURACIL

Efudex/Carac is a topical chemotherapy drug used to treat precancers and early skin cancers. When applied to the skin, the chemical blocks cancerous cells from growing and they are replaced by normal cells in the skin.

My provider _____, has informed me that I have the following disease: _____. He/She has explained that without treatment this disease may cause serious damage including skin cancer.

The medicine, Efudex/Carac, has helped some patients with this disease. My provider told me there is no guarantee it will work in my case. He/She has told me that other treatment options include no treatment at all, liquid nitrogen, Solaraze gel, Aldara, and retinoids, like Retin-A.

Efudex/Carac has side effects like all medications. These are category X medications, **NOT** safe in pregnancy. Some of the serious side effects include:

- _____ Burning of the skin.
- _____ Permanent red skin after treatment
- _____ Thinning of the skin.
- _____ Scarring where severe sun damage is found.
- _____ Crusting, cracking, and swelling of the treated area.

I understand that Efudex/Carac might help my skin problem, but it might make my skin red like a rash, cause me pain, burning or stinging where it is applied. I understand what my provider has told me and I have answered all of my provider's questions truthfully. I have had a chance to ask all the questions I want to and my provider has answered them. Signing my name below means that I understand what my provider has told me about Efudex/Carac and I want to use the medicine.

Patient _____ Provider _____

Date _____

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EFUDEX/ CARAC INFORMATION SHEET

- ❑ **CARAC**
- ❑ **EFUDEX**

Carac/ Efudex is a topical chemotherapy drug used to treat precancers and early skin cancers. When applied to the skin, the chemical blocks cancerous cells from growing and they are replaced by normal cells in the skin. This means that these areas may not have to be removed in the future unless one particular area remains irritated after Efudex/ Carac treatment. Use the following steps when applying Efudex/Carac:

- ❑ **Apply Carac/ Efudex to _____ at night.**
- ❑ **When applying to face, DO NOT put in facial creases around nose or chin region, and avoid the soft tissue around the eyes.**
- ❑ **Apply with Vanicream using a 50/50 mixture. Wait one hour and you may apply additional moisturizer if needed.**
- ❑ **Rinse face in the morning, using mild cleanser and water.**
- ❑ **Apply moisturizer throughout the day as often as needed.**
- ❑ **If excessive dryness or slight burning occurs apply cool Vaseline or cool rag to area. If you have bleeding, oozing or extreme discomfort, please contact our office immediately.**

Vanicream can be purchased at a local pharmacy, and is also sold at our office.

Please call with any questions or concerns

Toll free office:	1-800-599-0067
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Dr. Smith Home:	912-692-1428

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